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Kathie Boulanger

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Untitled

Kathie Boulanger

I hurt so good
The pain you feel is
not intentional
I'm naive about so much
Sometimes I don't know
how/what I'm doing
That's not me copping out —
but I just get stuck in
the machinery with
no way out
no way home
no home — no friends — no hope
I hurt so good
I'm still a little girl
and don't always understand
where you are
You've grown so much
I'm afraid it's away
from me

Kathie Boulanger is a member of the Portland (Maine) Coalition for the Psychiatrically Disabled. Her poem first appeared in Pile of Papers; Stack of Karma, a collection of poetry published by the Portland Coalition Press. Reprinted with permission.