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University of Massachusetts Boston

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The Calendar of Events is published on the last Monday of the month by The Office of Public Information. All events are free and open to the public, unless otherwise noted. From off campus, dial (617) 287-29**.

Send submissions by the third Monday of each month to Calendar of Events, Public Information, 3rd floor, Quinn Administration Building, Fax: 617-287-5305; or e-mail: unts_report@umbsky.cc.umb.edu.

Tuesday 12/1

Introduction to the Macintosh Operating System, 10:30 a.m. to 12:30 p.m., the Learning Center, Healey Library, Presentation Room 1. For faculty and staff. To register, call 7-3990.

World AIDS Day Info Table, 10:30 a.m. to 1:30 p.m., McCormack, 2nd floor lobby. HIV/AIDS information, videos, honorary ribbon tying on holiday tree, graffiti board, and more. Presented by the AIDS Awareness Team; volunteers sought. For more information, call 7-5658.

Family Alcoholism Series, 11 a.m. to 12:30 p.m., Wheatley, 2nd floor, room 123. "Overcoming History: Developing Resiliency," presented by the躯LD Program. To register, call 7-5680.

Proposal Development, 1 to 3 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. To register, call 7-3990.

Gerontology Colloquium, 3 to 4:15 p.m., Wheatley, 4th floor room 147-2 (CPCS Conference Room). "Stress, Learning Style, Resilience and Ways of Coping in Alzheimer's Family Caregivers," presented by Joan Garrihy, Ed.D., Assistant Professor, College of Nursing. This presentation is offered in conjunction with the Gerontology Awareness Month. For more information, call 7-7300.

Wednesday 12/2

Demystifying the Print Process (Part 1 of 2), 9 a.m. to 12 p.m., the Learning Center, Healey Library, Presentation Room 1. Understand the process of preparing files by understanding concepts such as resolution, color, file types and common printing terms. Beginners welcome, $1.

Tai Chi, 1 to 1:30 p.m., Wheatley, 1st floor, room 010. Offered every Wednesday on a drop-in basis. Stretching, mental calm, physical balance. Instruction provided, beginners welcome, $1.

Labor Relations: Managing Under Collective Bargaining (Professional Course), 8 a.m. to 12 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. To register, call 7-3990.

Spirituality and Student Life, 2:30 to 3:30 p.m., location to be announced. Brief presentations exploring how spirituality can play in life as a student, followed by an open discussion. Possible formation of an on-going group. For more information, call Health Promotion at 7-5685.

ECOS Wednesday Seminar Series, 2:30 to 4 p.m., the Small Science Auditorium, Science Building, first floor, room 006. Dr. John E. Hobbie, Director, AERC, Ecosystems Center, Marine Biological Laboratory, Woods Hole, will present a seminar. Topic to be announced.

Yoga, 3:10 to 4:15 p.m., McCormack, 2nd floor, room 602. Offered every Wednesday on a drop-in basis. Instruction provided, beginners welcome, free.

Food for Thought Series, 3:30 to 5 p.m., CPC's Conference Room, Wheatley, room 148A. "What Are the Competencies that Reflect the Critical Values We Want to Infuse into our Curriculum?" will be facilitated by Marie Kennedy, Bill Phillips, and Vicky Steininit. For more information, call 7-6737.


Meditation, 5:30 to 5:50 p.m., McCormack, 1st floor, room 613. Offered each Wednesday on a drop-in basis. Instruction provided, beginners welcome, free.

Thursday 12/3

Introduction to Windows 95, 9 to 11 a.m., the Learning Center, Healey Library, Presentation Room 1. For faculty and staff. To register, call 7-3990.

Study Smarter, Not Harder, 1 to 2 p.m., McCormack, 1st floor, room 613. Tips on overcoming procrastination and anxiety, and improving effectiveness in studying, writing, and test taking. For more information, call Health Promotion at 7-5685.

Beyond Your Pension: Planning for a Secure Retirement, 1 to 2 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. To register, call 7-3990.

Student Fellowship, 7:30 to 8:30 p.m., Protestant Campus Ministry, McCormack, 3rd floor. Held each Thursday. For more information, call 7-5838.

Friday 12/4

Planning Your Web Site: How to Smarter, Not Harder, 11 a.m. to 2 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. Call 7-3990 to register or to get a complete workshop listing.

ARID, Y2K, ERA and Peoplesoft: A SPAN Report from the Front Lines, 10 a.m. to 12 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. Call 7-3990 to register or to get a complete workshop listing.

Yoga, 11:30 a.m. to 12:15 p.m., McCormack, 1st floor, room 617. Offered every Monday on a drop-in basis. Instruction provided, beginners welcome, free.
Wednesday 12/16

Adobe Acrobat: Publishing Documents Online (Part 1 of 2), 9 a.m. to 12 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. Call 7-3990 to register or to get a complete workshop listing.

Wednesday 12/17

Reading Your Monthly Financial (FRS) Reports, 1 to 3 p.m., the Learning Center, Healey Library, Presentation Room 2. For faculty and staff. Call 7-3990 to register or to get a complete workshop listing.

Holiday Party, 2:30 p.m., McCormack cafeteria. For all faculty and staff.

Miscellaneous:

The Health Promotion Program offers the following services:

- Daily meditation is 12:30 to 12:50 p.m., McCormack, 1st floor, room 613. Offered on a drop-in basis. Beginners welcome, instruction provided. Free.
- Weight Management, assistance in developing a healthy approach to weight management. To make an appointment, call 7-5685.
- Study Smart, Not Harder. Learn ways to use study time more effectively; provides help in dealing with test anxiety and procrastination. To make an appointment, call 7-5685.
- Smoke Cessation. For those about to quit, in the midst of or have already quit. For more information, call 7-5685.
- AIDS Awareness Team. Volunteers sought to help develop on-campus programs. For more information, call 7-5685.
- Finals Time Humor Videos, 9:30 a.m. to 4 p.m., daily, through finals at the McCormack Information Booth.

Catholic Confirmation Class is forming for adults. Meetings are tentatively scheduled for Wednesdays at 11:30 a.m. Sign up at Catholic Campus Ministry, 7-5819.

Anyone who needs to talk can stop by the Protestant Campus Ministry Fridays, 3 to 5 p.m., McCormack, 3rd floor. For more information, call 7-5838.

Planning Your Web Site: How to Strategically Organize for Success, 1 to 4 p.m., the Learning Center, Healey Library, Presentation Room 1. For faculty and staff. Call 7-3990 to register or to get a complete workshop listing.

Friday 12/18

Using the Web to Extend Your Classroom, 10 a.m. to 12 p.m., the Learning Center, Healey Library, Presentation Room 1. For faculty and staff. Call 7-3990 to register or to get a complete workshop listing.

Wednesday 12/30

Adobe Acrobat: Publishing Documents Online (Part 2 of 2), 9 a.m. to 12 p.m., the Learning Center, Healey Library, Presentation Room 1. Learn to produce small, portable online documents (PDF files) which can duplicate anything that can be put on paper. Staff should contact the center for a complete listing at 7-3990.

Calendar of Events (Continued)