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Do The Write Thing Essay, 2014

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LETS Stop The Violence

Violence, Violence spreads through out the world. There is not one day, when you look on the news and there isn't an act of violence. The most acts of violence is bullying and shootings. Think of all the mothers that have to bury their children. Think of all the pain they go throo. All of these acts of violence can be caused by many things. As in low self of steam, peer pressure, neglect and revenge.

When you see bullying happen in the hallways in school stand up. Go tell an adult so they can stop it. Bullying is not good. It feels terrible. Trust me. I went throo it myself. Bullying hurts when your the victim. When you sit there and let people call you names because you are afraid to stand up for yourself.

I sat there letting them call me names. Names like, fat, ugly, worthless and told me I had nothing to live for. It was so bad that there was a time I put a knife to my throat and thought to myself "Do it. Don't wimp out. You have nothing to live for. Your worthless. You are stupid, ugly and fat. Just end all the pain. Just let it drift away." Now as you can see I didn't go through with it. Do you know why. My friend saw me getting bullied, and stood up for me. So if you see a friend getting bullied, stick up for them. For all you know, you could save their life.

Another way or act of violence is shootings. People kill other people all the time. The most

Sad part is that it is people from age 15 or 16 years of age and up. Teenagers are wasting and throwing away their lives. In stead of being in school and getting an education, they are on the streets and committing acts of violence.

Now no one expects one person to stop it all. Maybe we can't stop it completely, but we can slow it down. Share your voice. Start with the small things.

If you see bullying happening in your school, stand up for the person that is being bullied, even if they are not your friend. Over all you will want someone to do the same for you. Always remember the little things you do can and will help.

I don't want to walk down the street and be worried that violence will break out. I don't want to think that every moment will be my last due to violence.

So as a nation, speak up when you see violence occurring. Tell an adult. Or if you are afraid that if you tell someone they will go after you, write a letter to some kind of an adult you trust. That way no one knows & you stand up for them. Let people hear your voice. Be noticed. We all can make our mark on the world. So who says we can't start by trying to stop violence. Lets stop living our life in fear and finally end it at once.

Stop the violence!