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Do the Write Thing, Boston

Breaking the Cycle of Violence

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1-1-2015

### Do the Write Thing Essay, 2015

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#### Recommended Citation

"Do the Write Thing Essay, 2015" (2015). *Do the Write Thing, Boston*. 416.  
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## Violence Essay

Violence has affected my life in many ways. But one way violence has affected my life was when I started realizing how my father will communicate, and that will be with violence. He will never have a seat and have a normal conversation. He will always want to hit someone or say something to make you scared. This had me worried at all times because I was scared to lose a family member. I still remember the day my father hit my mother. I did not know what to do. I got so mad seeing my mother getting hurt by my father, that I stood up and I said, "stop hitting her". He probably thought that I was trying to be rude to him or something so he attended on hitting me as well, until my mother pulled me. Im pretty sure that's the day I got asthma for the first time. Before, everytime they argued I will start to get asthma because I was worried of something bad happening. Im so glad that we moved out. Ive realized that the only reason I got asthma was because of his actions. Since the day we moved out I havent gotten asthma.

Youth Violence refers to harmful behavior that can start early and continue into young adulthood. The young person can be a victim, an offender or a witness to the violence.

The causes of Youth Violence happen when parents or guardians don't take time to talk to their kids and the kids feel like their parents/guardians don't care for them or don't love

them and then they decide to make their own choices, and since their parents are not there for them they don't have nobody telling them what's right or wrong for them.

I thought of this because most of my family members tell for an example , my grandmother told me that before my fathers parents passed away she got to meet them and both of them were not setting good examples for their kids. Therefore since they didn't set good examples their kids their kids weren't respectful to them.

So I think my father's parent raised my father with violence because he likes to do what others did to him so he would try to hit his parents, And eventually they passed away because of all the stress they had.

What I can do about Youth Violence is learn from it and make better choices because it will end up repeating itself with all the generations, And all generations will think its ok to communicate with violence. Its better to learn from it and make better choices now because in the future there will be people getting hurt and will end up being alone with nobody by their side just like my father.