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1-1-2015

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Recommended Citation

"Do the Write Thing Essay, 2015" (2015). *Do the Write Thing, Boston*. 390.
<https://scholarworks.umb.edu/dtw/390>

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Violence

Violence is something that nobody should have to be involved in. To me violence is rude, nasty, disrespectful and something that needs to end. Being involved in violence can ruin your life. Getting your life ruined is not something anybody would like, but violence is something pushing you towards that. There are different types of violence and they are divided into groups. Violence that people can act on are: physical, sexual, psychological and emotional. Violence doesn't only kill people or hurt them, but it can cause some major health conditions. Which includes: alcohol, smoking, not eating and sleeping well and other sexual or nonsexual diseases. Some people live in violence and some people don't, but we all know what is violence and how it is affecting our neighbors, family, friends, community and even places we don't even expect. Violence can also be a form of aggression like assault, rape or murder. There are many conditions that cause violence. One condition is that the person has been hurt or a child that is beaten or threatened by violence will have a disposition to become violent. Stress can also lead to a violent behavior as well. A second cause of violence could be when somebody gets hurt but they don't say anything about it, and that can get them thinking about what they experienced which could give them the tendency to be violent to others. Children are exposed to violent male sports, television programs, films etc... Some parents are proud of their children when they fight back to playground bullies. Some other parents are even worried about their children that are refusing to fight back. Parents are supposed to make all their children stop all the troubles not help them make it worse by letting them fight back. Some parents don't even realize that the bad things your kids are doing is violence. My best friend was innocent, crazy, fun and wanted to get through life just like any other person in the world. One day my innocent friend was going on her day and these girls were looking for some drama, so I guess my friend was an easy target. But to be honest she's not, she just didn't have time for trouble. They made fun of her called her names and put things on the Internet. It was to the point that my friend had suicidal thoughts, she just wanted it to be over. She would fight back but she knew she had to be strong. She was a better, smarter and bigger person than that even when it was bothering her a lot but she knew she couldn't risk hurting some people that were being stupid. You probably wonder how is this affecting my life but I was stuck I didn't know if I should help her and accept the fact that I might get bullied too or stay low. Even when this is still in her mind she's still a brave person after everything she went through. Violence is not the answer to anything, but remember everything you do that is wrong you will pay for sooner or later in your lifetime.