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Violence

I see violence everywhere,

In the country,

In the state,

In the city,

In the neighborhood,

And even in my home.

I see it every day.

You have nothing to show for yourself.

You're dying on the inside, and you have bad health.

I wonder what I can to help the community,

What can I do to help that person?

Where can I help to stop this?

When can I help to stop this?

Why I should help them?

Thinking this in my mind,

Wants me to,

“MAKE A DIFFERENCE”.

Help my peers if they are getting bullied,

Take to someone about it, (Adult)

Or even talk to emergency services.

Violence is a virus inside our body,

That can impacts my mind of what i should do.

Talk to someone,

Or get help to change how you think.

Stand up to them and,

“DON'T BE AFRAID”