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### Ultimate Peace

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## The UP Program

Ultimate Peace (UP) builds bridges of understanding and friendship between Middle East youth divided by conflict, using the character building sport of Ultimate Frisbee. UP consists of three main components:

- Summer Camp
- Year-Round Community Program
  - With inter-community games and practices
- Coach-In-Training (CIT) Leadership Program



## Ultimate Frisbee: *Spirit of the Game*

### Why Ultimate?

The game hinges on the Spirit of the Game (SOTG), and it is the responsibility of each player to enforce SOTG. There is no referee: players make their own calls.

**Cooperative negotiation** is built in.

### What is Spirit of the Game?

SOTG is written into the rules of play and outlines how a player should conduct himself. It requires mutual respect, responsibility, and integrity, and rejects taunting and aggressive actions. This guiding principle is respected and enforced by all players and taught to new players with passion.

## UMass Boston - UP Partnership

- **U.S. Friendship Tour**
  - Middle East CITs travel to the U.S. to reconnect with American CITs, play Ultimate, and participate in educational sessions
  - Visited UMass Boston in 2013 for demo and panel discussion
- **Graduate Student Involvement**
  - MA Student **Kylie Millbern** travelled to Israel to attend 2013 summer camp
  - Conducted a preliminary program evaluation for final Master's project
- Currently **pursuing funding via Sports United**: International Sports Programming Initiative with aims to:
  - Improve measurement, learning and evaluation tools
  - Strengthen and deepen dialogue processes
  - Further expand community involvement into the West Bank

## More Information

To learn more about Ultimate Peace and their work here and in the Middle East, visit their website [www.ultimatepeace.org](http://www.ultimatepeace.org)

To learn more about UMass Boston's involvement, contact Professor Eben Weitzman at [eben.weitzman@umb.edu](mailto:eben.weitzman@umb.edu) or Kylie Millbern at [kmillbern@gmail.com](mailto:kmillbern@gmail.com)

