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# Do The Write Thing Essay, 2014

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# Stop The Violence

Violence has impacted many families around the world. Many parents expect to have their kids go to school and not get hurt. People want to be able to go to a marathon and not get hurt and lose family members. There are more ways to handle your problems than hurting someone for something that they did not do. One way to stay out of trouble is to get involved in sports like football, hockey, basketball, baseball, and boxing. These sports help take out anger in a non violent way and helps take away free time and helps you get in good shape as well. If you do not like playing sports you can pick up a hobby to help you stay out of trouble as well. One hobby you can do is drawing, writing, playing an instrument. If you get involved in violence it does not end the problem it only makes it worse for everyone including your family.