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Do the Write Thing Essay: Heroes of Today

Violence is behavior involving physical or mental force intended to hurt, damage, or even kill someone or something. Youth violence is when people generally under the age of eighteen commit acts of violence and/or express violent behavior. Generally, violence is almost everywhere. It's not limited to certain people or areas, and it's almost everywhere. And unfortunately, the same thing applies with youth violence. Many children, teenagers, and adults alike are all committing acts of violence and/or expressing violent behavior almost everywhere. Violence in a broad aspect isn't a good thing, as it can ruin a person's life and other peoples' lives but when it comes to children and teenagers it's nothing short of upsetting and heart-rending.

Personally, I strongly dislike seeing people suffer and I dislike violence. But most of all I dislike violence occurring in younger people, mainly teenagers. As much as I don't like the broad aspect of it, I mainly do not like the part involving teenagers being violent and committing acts of evil. There are many reasons why, but one reason why is because other teenagers can be influenced by this behavior and they can feel pressured to follow along or to do certain things. Also, if these teenagers who are expressing have younger siblings who are still striving then they could be influenced too! And it's never a good thing to be influenced in violent way at such an early onset. Many children can't distinguish certain behavior and things and generally whatever they see early on is what they know and what they consider to be "normal" or "natural."

Youth violence and just violence itself can cause a chain reaction of suffering and violence until many people are suffering and even dying. Violence itself brings upon anger and it makes people feel powerful which develops very bad character traits such as selfishness, greed, and egotism. The effects of violence are not only shown physically but health wise and spiritually too. Anger is not a good emotion for you both spiritually and health wise. When you are angry, chemical reactions occur in the brain and leave damaging effects on you. Spiritually, it messes with your thinking skills and thought processes and can leave you scarred and hurt. It can hurt others too. That is why it is best to take a stand and to do something about this epidemic. We cannot stop things like this just as we cannot stop bullying or suicide rates from climbing, but we can lessen these things by doing something about it.

As much as there are various problems with youth violence and as much as there's so much of youth violence around us that doesn't mean that there aren't solutions. This is just another one of the bigger problems in the world today. While some teenagers deal with math problems, others deal with violence problems. And the youth violence seems to be spreading more and more, day by day, hour by hour, minute by minute, et cetera, so on and so forth but do not lose faith and hold hope in your heart. Just because some of the whole might be poisoned doesn't mean that the other part of the whole can't help the ones who are poisoned. And when people who generally commit acts of bad show signs of good and weakness, those signs are appreciated more and hope fills the heart. There are always victims, enablers, and perpetrators but there are also bystanders. Bystanders are almost neutral at times and

sometimes being a bystander is bad in its own. Sitting back and watching the violence occur and thinking that it's not your or our responsibility to take care of problems that aren't our own or your own is just as bad as being one of those types of people like a perpetrator or an enabler. It's not as bad but it's certainly not good either. This is our problem any ways, this is just one of the daily scenarios some of us choose to close our eyes from but the things we do always have effects, whether little or big. If we bring awareness, make a choice and be the voice for some of these people we could prevent even more youth violence from occurring and even from more violence itself occurring. We could save lives, lives that could go out into this world to do wonderful things. We could be heroes, but that's the choice each and every one of us has to make. The time is ticking and our time is now to make a change. As general as this is, we can always come up with solutions and we can always try to pave our way to peace. Sometimes even the smallest of things can make a huge difference.

There are many causes of youth violence. For example, bullying and peer pressure or even personal ordeals. Some people also have parents who neglect them and influence them in the wrong way. It is best to inform young children, and teenagers about the effects of violence and about the causes and what they can do.

My main personal experiences involving violence to keep it long story short is that my parents fought quite often and have hurt each other. They never talked to me personally about much and I ended up having my own problems which lead to others having problems, including them. It has had a huge effect on my family and others, and I do not condone it.

Violence doesn't solve anything; it's the problem we are trying to solve. And whatever "good" it does is only temporary, just like the wise Mahatma Gandhi said.

To sum it up, we can make a change. We can do the right thing, but only if we choose to. Do not underestimate your abilities, if others can make a change and help then why can't you? The effect of it all is huge, regarding the violence and the awareness. I hope I have done my part too.