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Do the Write Thing, Boston

Breaking the Cycle of Violence

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1-1-2014

### Do The Write Thing Essay, 2014

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February 6, 2014  
Homeroom: 319  
Mrs. Sheppeck

G611257

**V**isualize the pain the victim is facing and ask yourself, "What can I do?"

**I**f you were the victim think how you would feel?

**O**ffer some support to the victim if you can

**L**eave to get help in situations beyond your control

**E**nsure the victim that they're not alone

**N**ever allow bullying or violence to happen

**C**onfront the bully, show your disapproval of violence and bullying

**E**ncourage others to help prevent violence and bullying