Psychology Professor Examines New Treatment for Chronic Anxiety

By Leigh DuPuy

A patient shows up at the office of her primary care physician with symptoms such as restlessness, fatigue, inability to concentrate, irritability, muscle tension, and sleep disturbances. She complains that her worrying is interfering with her life. These are often key symptoms for a person suffering from generalized anxiety disorder (GAD), a relatively common condition defined by chronic, pervasive worry.

To treat the condition, GAD sufferers may receive psychotherapies, which include psychoeducation, monitoring of anxiety levels, relaxation training, and cognitive techniques. However, these treatments aren’t always effective. Psychology professor Lizabeth Roemer and her colleagues, Drs. Susan Ornello of the Boston VA Healthcare System and David Barlow, director of the Center for Anxiety and Related Disorders at Boston University, have been awarded a three-year, $375,000 National Institute of Mental Health grant to develop a new, more effective treatment for GAD.

Roemer and her colleagues are developing an acceptance-based treatment, which integrates cognitive behavioral therapies with mindfulness skills training. She believes that attempts to control or stop worrying are likely to be ineffective and actually may increase it. Currently, cognitive treatments for GAD focus on altering ways of viewing situations. Instead of encouraging GAD suffers to try and change their feelings of anxiety, Roemer advocates teaching them how to accept these states of anxiousness while continuing to act in ways that are consistent with their desired goals.

"The therapy emerges from the cognitive behavioral tradition, but reframes the approach so it is not about emotional avoidance," Roemer explains. "Attempts to control internal emotions may be unsuccessful. Instead, we can teach people to notice their anxiety, accept it, and not allow it to interfere with what they want to be doing in their lives," she says.

Roemer and her colleagues will be working with clients at the Center for Anxiety and Related Disorders whose primary concern is GAD. The first phase of the project is to develop the effectiveness of this new technique for GAD.

Campus Responds to Bioterrorism Alerts

By Leigh DuPuy

Since September 11, the nation has experienced numerous incidents of bioterrorism. In response to the national alert, UMass Boston established a protocol to address any suspected incidents of anthrax or other acts of bioterrorism on campus. Public Safety and Environmental Health and Safety (EH&S) have responded to thirteen incidents on campus, all but one of which required the analysis of the Boston Fire Department's Hazardous Materials Unit (HazMat). All incidents were found to be non-threatening and there is no evidence of any kind of biohazard threat to date. In fact, in over 2,000 such reports in Massachusetts, no anthrax has been found.

What happens when someone at UMass Boston worries that an object is suspicious? Members of the university community should contact Public Safety by calling 911 on the nearest campus phone in response to any suspicious mail, packages, or material. Public safety officers are immediately dispatched to the location. There, they secure the area by closing it off to all occupants, and they notify EH&S, which is staffed by certified industrial hygienists trained to respond to emergencies. EH&S is available 24 hours a day to come to the location, assess the area and situation, and decide whether it is necessary to call HazMat. If they are called, HazMat will come to the scene and may remove a sample of the object.

Board Approves Feasibility Study for Limited Residential Housing

By Anne-Marie Kent

Despite offering over 100 degree and certificate programs, opportunities for study at the undergraduate and graduate level, excellent faculty, and a diverse range of student activities, UMass Boston remains the only four-year, public institution in Massachusetts that does not provide on-campus housing. As a result, UMass Boston students face the continuing difficulty of finding and paying for nearby housing.

If all goes well with a plan to add a limited number of on-campus housing units, students may soon have the option of living on campus.

On November 7, the University of Massachusetts Board of Trustees approved the development of a residence hall planning study that will help the university move forward with its intention to build a limited number of residential units on campus. The feasibility study will determine what the design of the units should be, where they should be built, and how much they will cost.

"In my mind, this is a way of expanding the services that we provide for those students who want a more traditional college experience," says Chancellor Jo Ann Gora. "By offering this additional service, we would not be changing our mission but further developing it." Noting that the 2,000 planned residence units represent only a small fraction of the university's 13,000 enrolled students, she adds, "It is not a change in the culture of the institution or the character of the institution."

Issued last year, the university's Student Housing Task Force Report indicated that there is great enthusiasm across the campus for the construction of limited residential housing. The study also claimed that the addition of dorms would provide better campus atmosphere and cohesion, attract graduate and undergraduate students who view student housing as a priority, improve retention of students who wish to live in student housing, and strengthen loyalty among alumni.

Celebrate the Season!

The university's faculty and staff holiday party will be held on Monday, December 17, from 2:30 to 4:00 p.m. in the McCormack Cafeteria. Spread holiday cheer with your co-workers and bring a gift of unwrapped hats, mittens, scarves, and socks to donate to Rosie's Place, Pine Street Inn, Salvation Army, and Globe Santa.
Employees Honored for Years of Service

By Kim Burke

On November 14, the university recognized 153 faculty and staff members, representing over 50 departments, for their commitment to UMass Boston. The fifth annual Years of Service celebration honored employees who had worked 10, 15, 20, 25, 30, and 35 years for the university. The event was a way for the university to thank the individuals whose daily contributions, from delivering mail to delivering lectures, breathe life into the campus.

Chancellor Jo Ann Gora (center) poses with faculty and staff who have worked for the university for 30 years. From Left to Right: (Front Row) Gela Moore, Mag Colonom-McDevitt, Lucia Mayerson-David, Bob Gaumond, Kathleen Fitzpatrick, Susan Bigger. (Back row) John Tobin, Forrest Speck, Taylor Stoebe, Marshall Shatz, Gora, Diane Paul, Joan Reynolds, Lloyd Schwartz, and Marian Sealy. (Photo by Harry Brett)

UMass Journal Examines Commonwealth's Economy and Poverty

The latest issue of Massachusetts Benchmarks, a quarterly economic review, features articles by UMass Boston's Randy Albeda, Alan Clayton-Matthews, and Donna Haig Friedman on the Massachusetts economy and poverty in Massachusetts.

Clayton-Matthews analyzes current and leading indices in his article, "Economic Currents — The State of the State Economy." He examines the manufacturing recession, as well as the decrease in wage income and consumption spending. Balanced these concerns against existing strengths, such as residential real estate, construction, finance, education, and medical services, he concludes, "We can expect the Massachusetts economy to continue to stutter along through the beginning of next year, with no real growth, but perhaps a mild contraction."

Albeda and Haig Friedman explored the effects of the economy on families in their essay, "Left Behind — The Persistence of the Poverty through the 90s." They point out that while economic growth in Massachusetts in the 90s increased the number of jobs and median income, it did not ameliorate poverty levels in Commonwealth families. They write, "During a boom period these results are alarming; with a potential recession on the horizon, they signal serious cause for concern."

The journal is published by the University of Massachusetts in cooperation with the Federal Reserve Bank of Boston. The complete archive can be found at www.massbenchmarks.org.

Forum for the 21st Century: Corporate Giving for the Arts

by Elena Sarikelle

The University of Massachusetts Boston will present the next Forum for the 21st Century on Tuesday, December 4. The topic of the forum is "Corporate Philanthropy for the Arts: How Can the Giving Bar Be Raised?" In the nonprofit world, it is well known that Massachusetts' corporations are rated at the bottom of the charitable giving chart for the United States. One reason for Massachusetts' corporations to rethink their charitable giving is recent mergers and layoffs. How can more money be raised from the private sector? The forum will discuss those questions and more.

The event will be held from 9:00 to 11:00 a.m. in the State Street Bank's Franklin Street Enterprise Room. The speakers include Ricardo Barrero, executive director of the Urban Arts Institute at Massachusetts College of Art; Peter Donnelly, president of the Corporate Council for the Arts in Seattle; Jim Kitedaugh, president of the Wayland Group, Inc., and Kathleen Pavlick, vice president of J.P. Morgan Chase in New York City. Paul Guzzi, president and chief executive officer of the Greater Boston Chamber of Commerce will moderate the discussion, which will feature commentary from Edmund Barry Gaither, director of the Museum of the National Center for Afro-American Artists.

The Forum for the 21st Century is designed to bring civic leaders and the general public outstanding speakers with exciting ideas about how to manage and take advantage of demographic and environmental changes. This forum is the nineteenth in the series. The Arts and Business Council of Greater Boston and the Greater Boston Chamber of Commerce are co-sponsors.

University Remembers Harold Horton

A memorial service for Harold Horton, former associate director of the Trotter Institute, was held in the Ryan Lounge on November 9. Shown here from left to right are Philip Hart, director of the institute (seated); James Jennings, former director of the institute, and Clara Jennings, dean of the Graduate College of Education (seated, far right). (Photo by Harry Brett)

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The University Reporter

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Women Make a Difference: The Mass Action for Women Audit Unveiled

By Leigh DaPey

The Center for Women in Politics and Public Policy (CWPP) unveiled critical insights and concerns on the health, educational, economic, and political status of women and girls in the long-anticipated Mass Action for Women Audit. With their collaborators, Mass Action for Women, the Center's director Carol Hardy-Fanta and the project's statewide organizing coordinator Tess Browne presented the results of the audit to the Caucus of Women Legislators and other policymakers at the State House on November 2.

For three years, research teams in the areas of Greater Boston, the Southeast, Western Massachusetts, and Cape Cod gathered information on challenges experienced by women and girls. The study found that women have made strides in several areas, such as awareness of domestic violence, the Family Leave initiative, and new career opportunities. However, women are struggling with monumental issues, such as inadequate transportation, lack of affordable housing, limited access to health care, language and geographical barriers between women, the need for networks of support, and the effects of racism. Girls also cite peer pressure, lack of health education, isolation, and identity issues as key concerns.

Audit researchers made recommendations to legislators, which included improving transportation networks, especially in isolated or rural areas, that greatly affect women's ability to work. Hardy-Fanta noted that only one third of entry-level jobs in Greater Boston can be reached via public transportation from areas in Massachusetts within two hours. Another concern is the number of affordable housing units for women with low and moderate incomes. In a daunting example, statistics show a worker earning the minimum wage would have to work 105 hours a week to rent a two-bedroom apartment at fair market rate in the Commonwealth.

The goal of the audit was to present a thorough report to eliminate barriers and promote collaboration between women to create an integrative profile on women and girls in Massachusetts; and to identify next steps, encouraging women to take action in their local communities. Each regional group throughout Massachusetts identified something in its area that was doable. For example, the Greater Boston Action Committee decided to create a resource guide for affordable counseling, and in Western Massachusetts, the committee decided to form intergenerational support groups for women and girls.

The audit was inspired by the 1995 United Nations Fourth World Conference on Women in Beijing, China, and has been praised as a model for other states to follow. The full report Connecting for Change: Results of the Mass Action for Women Audit is available at www.maw.umb.edu. The audit reflects CWPP's mission to dedicate itself to the participation of women from diverse social, cultural, and economic backgrounds in the political life of the Commonwealth and the nation.

1,200 Listeners Worldwide Support UMass Boston Radio

By Pat Montsith

On day six of WUMB Radio's recent 11 day on-air fall fundraiser, the station had barely obtained enough pledges from its listeners to total 40 percent of its $125,000 goal, but this was no surprise to the staff. Most public radio stations nationwide were struggling to reach their fall fundraising goals in the wake of the September 11 tragedies. By ten o'clock that morning, however, everything had changed and WUMB was on the way to becoming one of only a handful of stations to meet its target.

The catalyst for that change was a spontaneous $5,000 challenge gift from a long-time listener in Concord. The phones started to ring, the station raised more than $21,000 in one day and never struggled for the rest of the week. WUMB heard from nearly a dozen other listeners who pledged between $1,000 and $2,500. "We never expected such a strong validation for our folk music program schedule in light of the serious problems with the economy right now," says WUMB General Manager Pat Montsith.

In total, more than 1,200 listeners were located on top of the World Trade Center. The cost to replace the systems and lost revenue is roughly $4 million. In addition to making a donation to help WUMB reach its goal, 418 of the station's listeners donated more than $7,200 to send to WNFC to help with their rebuilding project.

Looney Receives Public Service Award

By Anne-Marie Kent

Known for conducting lively oceanography and earth sciences classes, providing ready media commentary, and hosting summer oceanography excursions along the eastern seaboard—as well as for the new UMass Boston research vessel bearing his name—Professor John (Jack) Looney received a new honor on October 23. University of Massachusetts President William M. Bulger presented Looney and six other individuals with the University's Public Service Award.

"The award is for university faculty who have dedicated themselves to especially high forms of public service," said President Bulger. For 20 years, Looney has contributed to the UMass Boston community both in and out of the classroom. Looney has served on the College of Arts and Sciences faculty senate, the provost's advisory board, and committees on teacher education and sustainability. He has served as grand marshal at commencement, given upward Bound presentations on the Boston Harbor Islands, and participated in CAS Science Day, all in addition to his teaching in the Earth and Geographic Sciences Department.

Upon receiving the award, Looney remarked, "I am truly grateful to have been chosen for this honor."
Avery Faigenbaum Helps Kids Have Fun with Fitness

by Leigh DuPuy

After participating in a strength-training workshop for kids at the local YMCA, one little girl was heard to say, "This is good from my head." Pediatric exercise scientist and assistant professor Avery Faigenbaum cites this example when he talks about the community fitness programs he runs for children. He notes that pressure on academic achievement is increasing in schools while physical education programs and recess are being eliminated. "I don't know Ph.D. students who can sit and study for ten hours at a time. How can children?"

Children's fitness levels are so low they are becoming part of a national health epidemic. According to the National Center for Health Statistics 2000, the percentages of overweight boys and girls have more than doubled during the past two decades. Physicians are seeing, for the first time, adult onset diabetes prevalent in teenagers and unprecedented levels of cholesterol and hypertension in children.

Faigenbaum's youth fitness programs are designed to combat this trend. "I want to get kids interested in fitness and having fun," he says. He believes in creating a well-balanced program that includes strength training, aerobic, flexibility, and agility exercises. He says, "They should participate in 30 to 60 minutes of moderate exercise every day as a part of recreation, sports, transportation, and planned exercise."

He does this with children of all ages in three different initiatives locally. He and his students run an after-school program, Project Jump, at the Murphy Community Center in Dorchester for five-to-eight year olds which promotes physical activity and having fun with non-competitive games. There, Faigenbaum also works with children ranging from nine to twenty years old in a sports prep program that promotes agility, strengthening, and flexibility. He also runs a strength-training program with ten-year-old children at Quincy's South Shore YMCA.

It's not all about exercise, however, as Faigenbaum focuses on the connection between healthy bodies and minds. Not only does he try to educate parents and children on the importance of nutrition and hydration, he focuses on fostering emotional connections with his students. "It's about building relationships with the kids and helping them feel connected," he says.

Faigenbaum outlines his approach in his latest book Youth Fitness, as well as in articles for journals such as Sports Medicine in the Pediatric Office. He has also created an on-line resource for educators, parents, and fitness professionals at www.strongkid.com.

Teaching for Transformation Conference to be held on January 25

The Center for Improvement of Teaching (CIT) will hold its annual conference on Teaching for Transformation on Friday, January 25 at UMass Boston. The conference provides opportunities for educators to share strategies and explore issues that focus on inclusive teaching, learning, and curriculum change in college classrooms. Organizers have called for proposals on topics such as addressing volatile issues in the classroom; negotiating grades and standards; teaching about race, class, and gender; and responding to the needs of linguistically diverse learners. Watch for more information about registration or contact CIT's Jackie Cornog for more details (7-4767).

Celebrate the Season with Music!

Senior and Voice Recitals

December 6, 11:30 a.m. Featuring James McKenna McCormack Hall Cafeteria

December 7, 12:30 p.m. Featuring Casey Abrams Wit's End Café

December 14, 7:00 p.m. Featuring voice students Snowden Auditorium

University Jazz Band

December 8, 7:30 p.m. Peter Janson directs. Snowden Auditorium. Suggested donation: $5. Students and seniors: $3.

University Chorus and Chamber Singers

December 9, 2:30 p.m. 4th Presbyterian Church, 340 Dorchester Street South Boston. Jeffrey Rink directs. Program includes Handel's Messiah, part I, and works by David Patterson, Vaughan Williams, and David Ginnson. Suggested donation: $5. Students and seniors: $3.

Contact the Music Department at 7-6980.

Generalized Anxiety Disorder (cont.)

treatment with twenty to thirty clients who volunteer to participate in the study. After researchers have fully developed the therapy, they will conduct a pilot study with approximately 30 participants. This research should lead to a larger, full-scale clinical trial.

At the clinic, they will work with clients to monitor their anxiety levels and teach them skills such as practicing mindfulness and relaxation techniques, which encourage people to accept their emotions non-judgmentally without trying to avoid or suppress them. The therapy also encourages their clients to use these skills and take "mindful action" in intended directions. For example, clients are encouraged to focus on acting in ways consistent with their life goals rather than simply reacting to anxiety and trying to avoid perceived threat.

How does this work? In therapy sessions, clients are asked to identify their values and to rank important elements in their lives. Therapists work collaboratively with the clients on a weekly basis asking them where they feel they are in relationship to these values and what could be interfering with their progress in these areas. "We want to help people regain a sense of choice in their lives by reducing the interference of anxiety," says Roemer.

She gives an example of a client who ranks connecting with friends as an important value, but experiences anxiety when attending parties. In the past, this client may have avoided parties because he wanted to avoid the feelings of anxiety. With acceptance-based therapy, he would have the skills to accept feelings of anxiety while conceptually pursuing something that is important to him.

This work is part of Roemer's larger body of research on understanding how individuals respond to unwanted emotional experiences in ways that better or worsen their difficulties. Recognized widely in her field, Roemer's research on generalized anxiety disorder will be highlighted with the work of co-author Orsillo in the upcoming issue of Clinical Psychology: Science and Practice. She has been at UMass Boston for five and a half years. She earned her B.A. in 1989 from Northwestern University and her Ph.D. from Pennsylvania State University, and completed her clinical internship in 1994-1995 at the Tufts University Medical School/Boston VA.

Christmas Unwrapped...

What will Christmas this year be like? Professor Emeritus Richard Horsey and co-editor James Tracey examine this question in their new book Christmas Unwrapped: Consumerism, Christ and Culture. The work examines the kind of holiday Christmas has become. Starting simply as a religious celebration, the holiday in America has become an unprecedented cultural and economic event, with movies, songs, Santa Claus, and nativity displays creating a pervasive nostalgia for the holiday. Gifts and shopping dominate the season, with businesses surviving on holiday sales.

In the face of these influences, Christmas Unwrapped goes beyond just asking how a Christian holiday became a national and worldwide phenomenon. Horsey and Tracey, who edited the book, feature contributions that combine both religious and biblical analysis with social and cultural history. The book is available now from Trinity Press International.
Best Practices: Academic Support for Student Athletes

By Ed Suglia

The key to providing academic support for student athletes at UMass Boston is the integration of Athletics Department and university-wide resources. Involving other departments on campus plays a key role in the support of our student athletes. Programs such as Directions in Student Potential (DSP), Student Support Services (SSS), and University Advising play a significant role in these efforts.

Student athletes face some unique learning situations, including extensive travel due to practice, games, and travel. When these are combined with the physical and emotional investments associated with the pressures of intercollegiate competition, the need emerges for specific academic support for student athletes. Although most universities have programs that address the needs of student athletes, it is even more critical at UMass Boston because of our status as a commuter institution.

The academic coordinator for student athletes is on staff within the Athletics Department to address issues that are unique to athletics. Instead of creating parallel services, the coordinator works with the existing campus resources to ensure that student athletes are benefiting from those services and that those service providers are aware of their needs.

The university recognizes how important it is to recruit students who have the greatest potential of benefiting from our programs. Lila McClure, director of undergraduate admissions, works with the Athletics Department staff on a continuing basis to ensure the recruitment and admission of students who demonstrate a high potential for success.

The cornerstone of the Athletics Department’s academic support is the study hall program in which freshmen and transfers with less than thirty credits are required to participate. Study hall serves as a place where tutors, trained and monitored by SSS and DSP, provide direct service to student athletes. Student athletes also study in McCormack Hall when tutoring in a specific content area is appropriate.

A number of the freshmen student-athletes are graduates of the DSP program and are currently enrolled in the SSS program. Directors Edith Shibute and Susan Barttk: Graham monitor the progress of student athletes within their programs. Barttk: Graham also conducts a six-week study skills workshop for all of the student athletes in those programs.

The success of the academic support is system is the result of a great working relationship between the Athletics Department and the other support programs on campus. This unique relationship is a model for all other urban universities with highly competitive athletic programs.

Scholarship Memorializing September 11 Victims Established at UMass

Software leader PTC, whose headquarters are located in Needham, created a scholarship fund for UMass system students in memory of Massachusetts victims of the September 11 tragedies. At least one UMass employee, the parent of a student, and seven alumni were killed in the terrorist attacks. PTC established the endowed PTC Scholarship Fund in perpetuity with a gift of $100,000. The university expects the first scholarship to be granted for the semes ter beginning January 2002.

PeopleSoft prepares the University for Change

by Leanne Mardian

Over the next twelve months, the University of Massachusetts will introduce new administrative computing systems to support the business areas of student administration, human resources administration, and finance. On the Boston campus, we began using the student recruiting component in December.

Our next effort involves replacing the human resources system with an integrated system in February 2002.

To prepare the university community, a significant change management effort is underway to make the transition to new systems and new ways of doing business as smooth as possible.

The four components in the change management approach are training, communication, liaison network/site readiness, and sponsorship network.

Training: As the launch of the human resources system approaches, a training team is hard at work to ensure that people have the skills needed to use the new systems. Phase one of training, nearly complete, included a self-paced Windows CD-ROM and PeopleSoft CD ROM Tutorial and the introductory course called PeopleSoft Fundamentals. In phase two, additional courses are being delivered to instructors.

PeopleSoft's Liaison Network: The network is composed of vice chancellors, directors, and department heads who lead and support project-related activities on campuses. Sponsors provide ongoing support and leadership during the transition whose main goal is to ensure that their organizations are well prepared.

Michael Chesson Examines the Civil War in Exile In Richmond

by Sarah Oktay

UMass Boston is fortunate to have many esteemed writers as faculty members, and Michael Bedour Chesson, professor in the History Department, is a classic example. His latest book, Exile in Richmond: The Confederate Journal of Henri Garidel, grew out of his collaboration with Leslie Roberts, who translated the original journals of Henri Garidel from French. Roberts, a professor at the University of Southern Indiana, began translating the journals of Garidel, a clerk in the Confederate Bureau of Ordinance, over a decade ago.

Chesson and Roberts have created an excellent time capsule of life during one of the most tumultuous times in the nation. Garidel's journals frankly describe the frustration and loneliness of his exile from his native home in New Orleans to Richmond from 1863 to 1865 after he refused to pledge loyalty to the Union. An opinionated man, Garidel describes the city, its inhabitants, and the political and military atmosphere in Richmond during the last two years of the war. His account is unflinching in relating details of the physical and emotional discomforts he experienced and his thoughts on the new Union.

Chesson developed an interest in the Civil War during his college years in the late 1970s. His first book came out of his dissertation research, Richmond After the War, 1865-1890, which he completed at Harvard in 1978. He joined the University of Massachusetts, where he currently serves as a faculty member.

Richmond was supported by several grants including a UMass Faculty Research Grant and a Healey Grant.

Here, Chesson teaches several courses on Civil War history and mentors master's students working on topics related to the war. He is currently working on his next book, which follows the life of a Union surgeon from Maine, Dr. J. Franklin Dyer, who became the third mayor of Gloucester after the Civil War.
PRESENTATIONS, CONFERENCES, AND LECTURES

Randy Alberda, professor of economics, and Donna Haig Friedman, director of the Center for Social Policy, presented the paper "After Welfare Reform: Trends in Poverty and Emergency Service Use in Massachusetts" at the U.S. Dept. of Health and Human Services in Washington, D.C. on November 1.

Elsa Auerbach, associate professor in the English Department, presented "Rewriting Freire Tales for the Century D.C.
presented "Keeping the Poetry in Prose," at the annual conference of the American Literary Translators Association in Raleigh, NC on October 26.

Pamela Matthew's presentation of "Europe Now," at the national conference of the American Musical Society held in November.

Lorna Rivera, assistant professor in the College of Public and Community Service and the Gaston Institute, presented a paper on adult education programs at the "Trapped by Poverty, Trapped by Abuse" conference held at the University of Michigan in October. The Center for Survey Research's Mary Ellen Colton and Carol Cosenza presented research on domestic violence at the conference.

Cindy Schuster of the Hispanic Studies Department led a workshop, "After the Movement," at the International Literacy Conference held in Cape Town, South Africa in November.

Gonzalo Bacigalupo, associate professor and director of the Family Therapy Program, presented "Couple Therapy as Cultural Therapy" at the 59th Annual Conference of the American Association for Marriage and Family Therapy in October.

James Biersteker, professor in the Accounting and Finance Department, served at an AICPA Internal Control Workshop from October 29 through 31.

Carol Cosenza and Floyd Fowler of the Center for Survey Research presented research on cognitive interviews at the 3rd International QUEST 2001 Workshop in Washington, D.C., in October.

In November, Prose and Nonfiction..." at the 3rd International QUEST 2001 Workshop in Washington, D.C., in October.

Brian Dumser, associate director of the Environmental Health and Safety Department, presented a workshop, "Airports: The Impacts to our Quality of Life in the Air and on the Ground," at the Northeast Regional Conservation Summit held in October.

Avery Faigenbaum, assistant professor in the Department of Exercise Science and Physical Education, gave a presentation entitled "Strength Training Prescription: Beyond Sets and Reps" at the New England American College of Sports Medicine Conference.

Donna Haig Friedman presented the paper "Reality Check: The Intersection of Housing and Welfare Policies in the Lives of Homeless Families" at the twenty-third annual conference of the Association for Public Policy and Management in Washington, D.C. on November 2.

Lana Jackman of the University Advising Center gave a keynote address at the "Developing Information Literacy: Making Waves - A Community Based Necessity," at the 2001 Iowa Library Annual Conference on November 12.

Professor Pamela Jones of the Art Department delivered the paper "Landscape and Still Lives by Jan Brueghel the Elder and Paul de Belder in Federico Borromoes's Pinacoteca Ambrosiana," at the international symposium "Italy and the Low Countries: Artistic Relations" at the Museum Carthagean Comite in Utrecht, The Netherlands, on November 19.

Esther Kingston-Mann, professor of American studies and history, presented the paper "Private Tenure and Economic Incentive: Axiom or Hypothesis (Historical Case Studies from England, Russia, and Kenya)" at the Economic History Workshop at Indiana University on October 11.

Kathleen Golden McAndrew, associate professor of nursing, presented "Substance Abuse in the Workplace: Understanding the Occupational Health Care Provider's Role" at a meeting of the Greater Boston Association of Occupational Health Nurses in Newton on November 5.

Anne McCarley, professor of art, was the Crane Visiting Lecturer in the Department of Art and Art History at the University of Texas at Austin, where she presented the paper "Tableaux of Desire: Investigating Photographic Pornography in Second Empire Paris" on October 25.

Professor Siamak Movahed of the Sociology Department presented a paper on the social transmission of passion at the annual meeting of the Association for Humanistic Sociology, held on November 15 in Newport, R.I.

Nina Greenwood of the Graduate College of Education presented a workshop based on her work fostering creativity in children for the National Association for Gifted Children in November.

Mary Oleskiewicz, assistant professor of music, presented her paper "Transcendent Reception: Lully and Handel at the 18th-Century Dresden Court" at the national convention of the American Musical Society held in November.

Two poems by Susan Eisenberg, "Note Sheets: A Reliable Prediction of Success!" in the Journal of College Science Teaching.

EXHIBITS, READINGS, PERFORMANCES

The Fort Point Community Gallery in Boston will feature digital prints by Elizabeth Marran of the Art Department in the "The Garden and the Map" exhibit, which will be held from November 16 through December 28.

Kevin Bowen, director of the Joiner Center, gave a reading of his poetry on November 8 as part of Westchester Community College's Veterans' Day celebration.

GRANTS

Gerontology's Jan Mutchler and Alison Gottlieb, with Gonzalo Bacigalupo, received a $67,000 grant from the National Institute of Aging to study medication use and English proficiency in the Hispanic elderly.

The New England Pension Assistance Project of the Gerontology Institute has been awarded a $150,000 grant from the U.S. Department of Health and Human Services Administration on Aging to provide free pension counseling to residents of the six New England states.

DISSERTATION


APPOINTMENTS AND HONORS

Giselle Areu-Rodriguez was appointed outreach coordinator for the Gaston Institute. Abreu-Rodriguez, a UMass Boston alumna, most recently worked for the Massachusetts Department of Public Health on elder health, Medicare, Medicaid, and immigration law.

Paul Camacho of the Joiner Center has been named by the Secretary of Health and Human Services to serve as a member of the Advisory Committee on Special Studies and to work in conjunction with the U.S. Food and Drug Administration.

Yvette Colon and Nicholas Wilson, undergraduates in the College of Management, each received $2,500 Idea Coalition Scholarships from the Boston Idea Group, formerly the AdClub Foundation.
Bioterrorism (cont.)

the material for testing at the state laboratories. EHS&Es provides the Office of Administration and Finance (A&F) with information and options about dealing with the affected area while awaiting test results from HazMat or in a situation where HazMat is not called. Together with the Chancellor's Office, A&F decides whether to keep the area open or closed. A&F will inform the offices of the provost and university communications (UC) if an area is closed. UC will be responsible for distributing a mass communication on the situation.

Information on campus procedures and incidents is currently available on a newly revised website. The university community can click on the "Campus bioterrorism safety" link on the front page of www.umb.edu. From there, readers can access information about campus responses and updates on possible situations. They also can link to several pages of information, including a Q & A resource on anthrax, a public health advisory written from the Boston Public Health Commission Communicable Disease Control, and specific information about the university protocol for anthrax or other threats.

First Recipient Awarded Guimond Scholarship

Robert W. Guimond of the Biology Department, right, presents a scholarship in his name to the first recipient, Collin Brown (center) a senior in the Exercise Science and Physical Education Program in the College of Nursing and Health Sciences. Also present (from the left) Danette Jordan, Jeanette LaVasta with her daughter Princess, and Cameron and Kersten Brown, daughters of Collin Brown. Jordan and LaVasta graduated two years ago with biology, psychology and chemistry majors respectively. Both are now attending medical school. They were the co-founders who spearheaded the all-student drive to create the scholarship in Guimond's honor.

Residential Housing (cont.)

Please with the board's support, Vice Chancellor for Administration and Finance David MacKenzie says, "We are currently evaluating 19 responses from design firms for a programming and feasibility study for these residence halls. We are also establishing two committees to review this phase of the dormitory project, one including community groups and another including members of our internal constituencies, such as faculty, students, and staff on campus." To address community concerns, the university has established a community liaison group, whose invited members include representatives from the neighborhoods, alumni, faculty, business partners, abutters, law enforcement, building trades, and an area high school. The purpose for convening this group is to establish an open dialogue, share and gather information, and address people's concerns.

According to current data, university students already constitute a strong presence in the surrounding communities. At last count, 4,500 UMass Boston students live in Boston, and of that number, 1,700 live in Dorchester and South Boston. University officials expect that the addition of student housing will alleviate some of the pressure on local housing markets.

The construction of the units would be financed through revenue bonds, which are obtained or issued by the UMass Building Authority. The students who occupy the units would pay the debt service. If all goes according to plan, groundbreaking for the first phase of units, approximately 700, would take place in the fall of 2002. Occupancy could take place the following year.

MacKenzie adds, "We have received tremendous support from the President's Office and the UMass Building Authority, and I am looking forward to the day in 2003 when we open the doors for students to live here on the harbor. It will be the start of a wonderful new era for this campus."
The Calendar of Events is published monthly by the Office of University Communications. All events are open to the public and free, unless otherwise noted. From off campus, dial (617) 287-287 and the last four digits listed below each calendar event.

Submit January calendar listings by December 12 to Calendar of Events, University Communications, Quinn Administration Building, 3rd Floor, fax (617) 287-5305, or e-mail news@umb.edu. See the News and Events page at www.umb.edu for Calendar of Events on-line listings.

MONDAY

3:00 - 3:30 p.m., Healy Library, Lower Level. Learn how to reduce photography videos using Photoshop technology. Presenter: John Murphy. Workshop Code L-240A. Contact: 7-3990.

Environmental, Coastal, and Ocean Sciences Seminar Series: Discovering the Hidden Biodiversity of the Ocean: Novel Approach to Growth of Higher-Order Microorganisms
2:30 - 4:00 p.m., Science Center, Small Auditorium, 1-006. FeaturingSteve Epstein of Northeastern University. Contact: 7-7440.

Engineering 103 Competitions
8:30 a.m., McCormack Hall, Ryan Lounge, 3rd Floor. Twelve teams of students will be demonstrating hand-made "computers" that can add any two numbers between 0 and 15 using the binary representation. Contact: Tomas.mateo@umb.edu.

Music Department Concert: Senior Jazz Band
11:30 a.m. McCormack Hall, Cafeteria, 3rd Floor. Featuring Jason M. Bolland and Thanh Nguyen. Contact: 7-3990.

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Environmental, Coastal, and Ocean Sciences Seminar Series: Climate Variability at Suborbital Timescales in the North Atlantic Over the Last Glacial/Interglacial Cycle
2:30 - 3:00 p.m., Science Center, Small Auditorium, 1-006. Featuring James Callen of Salem State College. Contact: 7-7440.

ITC Course: Introduction to Dreamweaver
10:00 a.m. - 12:00 p.m., Healy Library, Lower Level. Learn the basic functions of this web layout tool. Presenter: Jason M. Belland. Workshop Code: L-770E. Contact: 7-3990.

Campus Ministry Hanukkah Celebration
2:30 p.m., McCormack Hall, Ryan Lounge, 3rd Floor, Interfaith Chapel. Contact: 7-5839.

Environmental, Coastal, and Ocean Sciences Seminar Series: Climate Variability at Suborbital Timescales in the North Atlantic Over the Last Glacial/Interglacial Cycle
2:30 - 3:00 p.m., Science Center, Small Auditorium, 1-006. Featuring James Callen of Salem State College. Contact: 7-7440.

TUESDAY

ITC Course: Technology-Enhanced Classroom Teaching
10:00 a.m. - 12:00 p.m., Healy Library, Lower Level. Learn how to use and master technology in classroom instruction. Workshop Code: L-480D. Contact: 7-3990.

Campus Ministry: Ramadan Meal for Islamic Students
4:30 - 5:30 p.m., McCormack Hall, Ryan Lounge, 3rd Floor, Interfaith Chapel. Contact: 7-5839.

Christmas Unwrapped: Consumerism and American Culture
6:00 - 8:00 p.m., Wheatley Hall, Student Lounge, 1st Floor. Featuring James Tracy, Ph.D. Sponsored by the American Studies Roundtable, Graduate Student Assembly, and the American Studies Program. Refreshments will be served. Contact: 7-6770.

UMass Boston Becons: Men's Ice Hockey vs. Southern New Hampshire University
7:00 p.m., Clark Athletic Center. Contact: 7-7801.

WEDNESDAY

ITC Course: MS Excel Functions
10:00 a.m. - 12:00 p.m., Healy Library, Lower Level. Discover the power of Excel Functions. Presenter: Caroline Cappuccio. Workshop Code: L-283A. Contact: 7-3990.

UMass Boston Becons: Women's Basketball vs. Rhode Island College
7:00 p.m., Clark Athletic Center. Contact: 7-7801.

UMass Boston Becons: Men's Basketball vs. Rhode Island College
3:00 p.m., Clark Athletic Center. Contact: 7-7801.

Music Department Concert: University Chorus and Chamber Orchestra
7:30 p.m. Wheatley Hall, Snowden Auditorium, 1st Floor. Featuring Peter Jamon, director. Suggested donation: $5. Students and seniors: $3. Contact: 7-6980.

SATURDAY

ITC Course: Web Development Forum
1:00 - 3:00 p.m., Healy Library, Lower Level. Learn more about web development in open forum. Presenters: Joe Peters and Jason Belland. Workshop Code: L-240A. Contact: 7-3990.

UMass Boston Becons: Men's Ice Hockey vs. Saint Michael's College
7:00 p.m., Clark Athletic Center. Contact: 7-7801.

WEDNESDAY

ITC Course: Multimedia Consulting
11:00 a.m. - 2:00 p.m., Healy Library, Lower Level. Learn how to access the multimedia consulting services of ITC. Workshop Code: L-753. Contact: 7-3990.

Music Department Concert: Voice Division Recital
7:00 p.m., Wheatley Hall, Snowden Auditorium, 1st Floor. Contact: 7-5839.

UMass Boston Winter Dance Concert
8:00 p.m., McCormack Hall, McCormack Theatre. Featuring student choreography. Produced and directed by Margaret Munson and Anne Tolbert. Tickets: $10 general public, $5 students and seniors. Contact: 7-6782.

FRIDAY

UMass Boston Becons: Women's Basketball vs. Keane University
7:00 p.m., Clark Athletic Center. Contact: 7-7801.

SATURDAY

UMass Boston Becons: Men's Ice Hockey vs. Saint Michael's College
7:00 p.m., Clark Athletic Center. Contact: 7-7801.

SUNDAY

UMass Boston Becons: Women's Basketball vs. Keane University
7:00 p.m., Clark Athletic Center. Contact: 7-7801.

MISCELLANEOUS

Mediation
12:30 - 12:50 p.m., McCormack Hall, 1-613. Health Promotion Program. Contact: 7-5385.

Yoga
Tuesday: 1:00 - 1:45 p.m., McCormack Hall, 1-613. Contact: 7-5385.

Tai chi
Tuesday: 12:45 - 1:15 p.m., on plaza outside McCormack Hall. Check M-1-613 in case of inclement weather. Contact: 7-5385.

P.A.I.D. Program: Alcohol and Other Peer Leader Training Program
Contact: Donna Durfee, 7-5680.

Study Smarter, Not Harder
Help with performing better, with stress, in studying for and taking exams, writing papers, etc. Call 7-5683 to schedule an appointment.

Smoking Cessation
Help with quitting. Call 7-5685 to schedule an appointment.

Aids Awareness Team
Volunteers needed to plant and implement outreach activities on campus. Call 7-5685 and leave contact information and available times; you will be contacted with meeting times.

Instructional Technology Center (ITC)
Sponsors faculty and staff to learn, create, and connect with technology. ITC supports instructional technology in the classroom, professional development, distance learning technology, and special events. Contact: 7-3990 or www.itc.umb.edu.

WUMB 91.9 FM Commonwealth Journal
Sundays, 7:00 p.m. Interviews with scholars, writers, and public officials, examining current issues of interest to the people of Massachusetts. Contact: 7-6900.

Beacon Fitness Center
Open to students, faculty, staff, and Umass Boston alumni members. Hours are Monday and Wednesday, 6:00 a.m. to 10:00 p.m., Tuesday and Thursday, 7:00 a.m. to 10:00 p.m., Friday 6:00 a.m. to 8:30 p.m.; Saturday and Sunday, 1:00 to 6:00 p.m. Contact: 7-6786.

Catholic Mass
Monday: 12:30 & 6:30 p.m., Tuesday: 6:00 p.m., and Wednesday: 12:30 p.m., McCormack, Ryan Lounge, 3rd Floor. Contact: 7-5839.

Catholic Bible Studies
Tuesday: 11:30-12:20 p.m., McCormack, Ryan Lounge, 3rd Floor. Contact: 7-5839.

A Catholic sacrament of baptism and confirmation classes on Tuesday: 2:30 - 3:30 p.m., Wednesday: 11:00 a.m. Contact: 7-5839.

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