

University of Massachusetts Boston

ScholarWorks at UMass Boston

Do the Write Thing, Boston

Breaking the Cycle of Violence

1-1-2014

Do The Write Thing Essay, 2014

Follow this and additional works at: <https://scholarworks.umb.edu/dtw>



Part of the [Civic and Community Engagement Commons](#), [Domestic and Intimate Partner Violence Commons](#), and the [Educational Sociology Commons](#)

Recommended Citation

"Do The Write Thing Essay, 2014" (2014). *Do the Write Thing, Boston*. 104.
<https://scholarworks.umb.edu/dtw/104>

This Article is brought to you for free and open access by the Breaking the Cycle of Violence at ScholarWorks at UMass Boston. It has been accepted for inclusion in Do the Write Thing, Boston by an authorized administrator of ScholarWorks at UMass Boston. For more information, please contact scholarworks@umb.edu.

Violence

Violence is not the answer. It doesn't solve problems, it just creates more. Once you start using it to solve the problem, you start becoming the problem. Instead of using it, try to talk, try to do anything you can to not use it. Your family probably doesn't want you to use violence. They probably don't want you to hurt other people. Instead of violence, try doing something else. Get a punching bag to get your anger out. Try boxing, try different sport, anything helps. When you use violence, you hurt other people instead of getting your problems solved. You're creating more problems for yourself when you use violence.

