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Breaking the Cycle of Violence

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### Do The Write Thing Essay, 2014

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## Let's Stop Youth Violence

How does youth violence affect your life?

Violence is shown throughout the internet, television, games, and social media. Violence may be in your community and it may affect your lifestyle. You may be more cautious if violence is around you. Also, violence may cause a big commotion in your society or give a bad reputation to the community.

What are the causes of youth violence?

Getting bullied, watching violent shows, and playing violent games may cause the person to be violent towards the community or to oneself. Being in poverty may cause violence to get food or other needs from people. If you are in depression, you may attack others because you may blame them for doing the thing that set you in the depression state. Also, if you are leading an unstable lifestyle may cause you to get out on others that "caused" your problems. Working or associating with people who are a bad influence can make you do what they may do. You may follow them to clubs and may hurt someone there. Also, being around youth violence may cause you to copy their actions. Joining gangs will cause you to be a violent figure and may put others in danger by following the gang's action. Also, if you are different and people bully you, you may become violent in the future towards the person or the school. Youth violence can also be caused by teens that make bad choices and use weapons, as a result, injuring or killing a person. Games and images may affect the brain to accept violence. If you are seeing violence often, your brain will develop to be used to these actions. Youth violence may also start from a TV show you may be watching that has scenes with violence. Children and teens may think this is ok and may copy what they see. Also, bullying may affect people's emotions and they may bring a weapon to "protect" themselves. If the bullying continues, it may cause the person to attack the community or commit suicide. The media may talk about violence, also affecting the brain towards youth violence. Your brain may get used to violence that you may do it yourself. Having family problems can cause you to be in pressure and can make you snap mentally. You may use weapons on others and on yourself.

What can I do about youth violence?

To help reduce youth violence, I would get myself involved in sports or something that has a positive effect. I will help the people who are being bullied and who may not have a good status in the community because of their differences. I will be involved with programs that work to prevent bullying or youth violence. I will help pass the message that bullying is not ok and it may lead to youth violence. I will be involved in community services to create a positive atmosphere. I will do my part in the society to stop youth violence and prevent it from happening in the first place.