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Breaking the Cycle of Violence

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Do the Write Thing Essay, 2015

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Violence

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Violence is a bad thing, it sets bad examples for people, and mostly kids. When people do drugs, fighting, shooting, stabbing, and drinking.

So violence effects me, because there's shooting, stabbing, drugs, drinking, and fighting going on in my neighborhood.

That sets a bad example for the kids, because maybe when they grow older, or even when they are a teenager they will either be in a gang, kill people, do drugs, and get drunk.

This effects me, because I take the bus, then walk the rest of the way home.

I have to worry about people looking at me weirdly, and I don't even know them. I also have to walk by drunk people and it's very embarrassing, and a little scary. I also don't like the fact that I hear shooting going on, and it always sounds close by my house. But not most of the time.

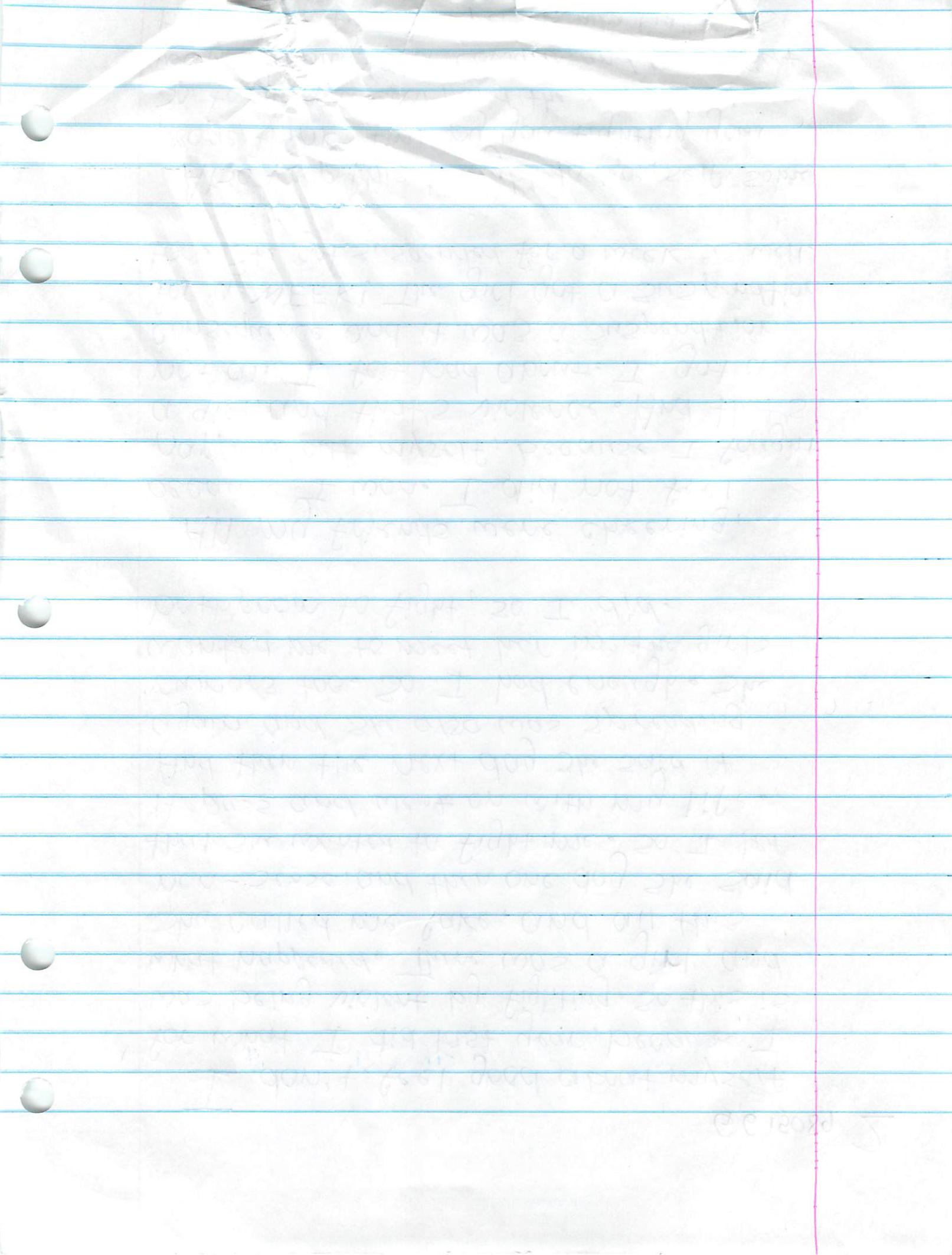
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I don't feel good about myself for what I did last year, because I was being violent by fighting. So this is what happened. There was a girl, and she called me fake, and all this non-sense, and then one day she said that she wanted to fight me. So I let it pass and went on with my life. And then the next day she said it again and she also was spreading rumors too. So I had enough. She wanted me to meet her in the girls bathroom to fight, so I did.

All my friends were cheering, because I won. I did not feel happy about myself, because I fought a girl, and that's violence. And that's not all I felt bad about. I got a consequence and it was a suspension for a WEEK! The girl got a suspension too. She got suspended for a week as well.

Also keep this thought to yourself some people thinks that by you fighting your so tough and cool, and the person who walks away is a coward, and lame. But that's not true the person who fights is



weak, and the person who walks away away is strong. Because the person who fights can't control themselves, and the people that walks away are strong because they can control themselves and they don't listen to what other people say. So don't be the one who don't know how to control themselves, be a better person than that. Be the one who can walk away from violence and set a good example for others.

What I can do about violence is...

- ① Settle arguments with words, not fist, or weapons. Don't just stand there, and make a audience.
- ② Learn about safe routes for walking in your neighborhood, and know about good places to find help. Trust your feelings, and if you sense danger, get away very fast.
- ③ Report any crimes or suspicious actions to the police, school authorities, and even parents. Be willing to testify if you need to.

Chlorophyll

New assignment tomorrow
Capital one you can do it with
bed comforter covering and will not
leave home to today of ones that just
left you small place for me to stay in
full moon comes and you want me
come down you can do what I do
and go to sleep here with no one

or money you don't have

falling snow off my roof top
bed back into bed again but
nothing is more

of you like me either she has been
and tired now and I am
nowhere and I am
long time now say hi han

you have no idea what I do
I am not the one that does all the work
I do not do it

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- ④ Don't open the door for anyone that your parent's don't know, or trust.
- ⑤ Never go anywhere with strangers. That your parents don't know, or trust.
- ⑥ If anyone tries to abuse you, you say, "No, get away." Then tell a adult you trust. Remember, it's not the victim's fault.
- ⑦ Do not use drugs, and alcohol. Stay away from places, and people who associates with them.
- ⑧ Stick with your friends who are against violence, and also drugs. And you should even stay away from trouble spots. That can get you in trouble, that you know.
- ⑨ Get involved to make schools a safer, and better place. Having a poster contest against violence, holding anti-drug rallies, counseling peers, and even settling disputes peacefully. If there is no program, help by starting one.
- ⑩ And last but not least. Help younger

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self-sacrifice and work the more they get
intensity go up with the work all day long

more time for imagination and
harmless work with imagination and

more time for work of art making
and writing out the country's octopus

available off from the end of the road
and the country's octopus

but follow him from end to end
the story necessarily goes round
round again again

in the country's country there often starts
a revolution and a revolt and a
new life and new will and
make up self-sacrifice

there is a real spiritual rebirth
and a revolt and a
revolution and a new life and
make up self-sacrifice

many global shared facts and tools that

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Children learn how to avoid being
Crime victims. Set good examples, and even
try to volunteer to help with your commun-
ity or even other communities efforts to stop
crime.

provided

for foot bones of wolf crossed over land
after many days of migration body not completely
broken down at time of first restoration or when
body of wolf was found with new remains