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Breaking the Cycle of Violence

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## Do the Write Thing Essay, 2015

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Hook outside and see gangs and guns I wait here for the police but I see nun I know I can't do nothing but it grows into a ton I sit and in the middle of violence all day I just have nothing to say I went to a school and was threatened to be chocked I knew it wasn't a joke So I ran and ran back to class I told my teacher the situation thinking it was the last Then she told me to talk to his teacher I was scared so much that I couldn't even walk I told his teacher the situation I couldn't even walk I always wondered what violence could do to a kid I was shocked to unveil that mystery in life It was hard to bare with no help It all came to fast I had no time to prepare It was like a war with no soldiers It was a battle I couldn't fight alone I ran scared from my obstacles and adversities I thought it would just go away but it then got harder I didn't want to put my challenges on others But sharing them is different I talked to my family my sister and even teacher I learned something violence is not only guns and gangs But it is how you treat others I learned I could do something about violence And that thing is friendship It is something that could never be broken I never actually learned about being nice It always came naturally to me But the feeling I got when being violent toward others My whole heart was filled with sorrow I just often never thought of others And it made me think of me being bullied I just didn't want to be like that boy

It just made me feel weird There were many people who stood there being bullied I just didn't understand why not run like I did I thought of what I did was I being brave I looked up the definition and I wasn't brave But choosing to face violence than run from it I thought people were scared of violence but fight it I never thought of me as a fighter I then thought of there reaction of others I know they didn't just stand around violence but fight it It was all just like another scary movie that wouldn't stop playing But we all held the remote to turn off the movie I knew what the boy did was right I couldn't just run away from my problems but I could fight them They might not go away that second but they would go away I then tried the idea of helping others We often failed but we knew we were helping others I just wish people had done it earlier to make a bigger difference Others often used violence towards others but as revenge Revenge is a powerful weapon but should not be used Because you should turn the other cheek And if not you are no better than the other person Violence is strong but should not be used Because using violence is only hurting someone else and you Everyone wishes for violence to go away but it is not that easy A lot of people fight for nonviolence and we could all be one of those people

And a quote from John F.Kennedy a fighter for nonviolence "Those who make peaceful impossible, make violent revolution inevitable."

I think that their is something all of us can do to stop violence and that is being kind and respectful.