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The future This story is fiction

Hey have you ever wonderd how has violence affected your life?, or what are the causes of youth violence?. Or even asked your self what can I do about youth violence? because I have, and im going to Show you how I would have ended IF I would'nt have learned how to control my anger and violence . See it all started when I was about 7 or 8 years old I wasn't a normal kid because I used to get angry over a little thing and I would punch the walls, when I punched the walls I felt better and more caimed down. When I was in the 6th grade I use to have a console see me every month I think it was, she use to see me for a couple of reassons, I remember that one of the reasons was that I use to get distracted easaly and I would get mad because I wouldn't know what to do, the secound reason was that I use to get Fushtrated and be enoyed by everyone and I wouldn't want to talk to anyone I wouldn't have control over it, and when I did I got OF 3

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even more mad I really doent know why but it happened. when I was in 7th grade I remember that she saw me allito more often, when I started to see her more I would hotice a difference in me, because I would get over being Fushtrated faster and I wouldn't get enoyed by anyone ass easix ass I did, and I also learned how to hot get distracted, may be because she recommended medication that will help me consentrate and not get distracted easly, at first I didnt want to take it because I thout that only crazy people took medication, but I hoticed that I really had to take it so I acepted it. Im in the 8th grade and I learned how to hot get distracted, and how to get over being fushtrated, but some times I do get fushtrated and distracted and mad but that's hormal I think. I think Violence has affected my life because I ust to be a violent little kid and if I would have not 20f3

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learned how to control my fushtration and anger I probably would be locked up or doing dum Stuffet think that the cause's of youth violence are parents treating bad their kids, also another thing that could cause youth violence are kid's being dipresed, and maybe in schools, and maybe kids Feeling lonley of think what can I do about youth violence is maybe having assemblies in schools so that kids like me could know that youth violence is not cool, another, another thing that could work is having is having meeting's with the parents, 50 that the parents could be more aware of youth violence and also to have more information.