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Prison Poetry Group

Master of Fine Arts Creative Writing Program, College of Liberal Arts, University of Massachusetts Boston

Bay State Correctional Center

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Summary

Beginning in September 2012, a graduate student enrolled in UMass Boston's MFA Creative Writing Program served as the volunteer instructor for a Poetry Group at Baystate Correctional Center. Through creative development and community discussion, this program, which operates during the academic year (September-May), facilitates positive behavioral change in order to eliminate violence, victimization, and recidivism.

Goals and Objectives

- To foster a creative environment that provides an expressive outlet in preparation for successful reentry
- To build positive ties between the community and the inmate population
- To improve inmate verbal and written communication skills
- To develop positive relationships among members of the Poetry Group
- To appreciate the value of poetry as a means to enrich one's life experience
- To provide inmates with tasks that engender responsibility

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Results/Impacts Instructed 8 participants per year Hosted 12 2-hour classes during 2012-2013 Increased frequency to host 18 2-hour classes (projected) during 2013-2014 Developed group fellowship, which taught inmates the importance and value of cultivating and strengthening interpersonal relationships • Provided a constructive, creative outlet for students to write, increase critical reading abilities, build empathy, and develop communication skills Increased participants' ability to foster positive relationships within the prison and with volunteers **Approaches and Methods** Provide readings, writing assignments, and discussion topics during class Encourage constructive criticism among inmates Provide written feedback to encourage further creativity and communication skills development

Host poetry performance contest during spring

Conclusion/Next Steps

- Graduate student volunteers gained practical classroom experience
- Participants developed interpersonal and communication skills, selfawareness, and educational goals

Participant Testimonials

- "I want to take classes when I am finished with my incarceration..."
- "[I gained] a stronger tolerance for constructive and/or non-constructive criticism."
- "I didn't think I would enjoy sharing due to all the writers feel good ... "
- "I believe the course brought together in an everyday setting. This extended outside the program..."

Partnership Information

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my insecurities, but [the instructor] made people who ordinarily wouldn't associate