### University of Massachusetts Boston

## ScholarWorks at UMass Boston

Do the Write Thing, Boston

Breaking the Cycle of Violence

1-1-2014

## Do The Write Thing Essay, 2014

Follow this and additional works at: https://scholarworks.umb.edu/dtwt

Part of the Civic and Community Engagement Commons, Domestic and Intimate Partner Violence Commons, and the Educational Sociology Commons

#### **Recommended Citation**

"Do The Write Thing Essay, 2014" (2014). *Do the Write Thing, Boston*. 211. https://scholarworks.umb.edu/dtwt/211

This Article is brought to you for free and open access by the Breaking the Cycle of Violence at ScholarWorks at UMass Boston. It has been accepted for inclusion in Do the Write Thing, Boston by an authorized administrator of ScholarWorks at UMass Boston. For more information, please contact scholarworks@umb.edu.

9814039



# **Violence**

6- - E

Violence can have many effects on an individual's life. I am an example of this considering my life has impacted my environment and surroundings. The more I think about it, Violence has not only affected me personally but also the rest of my generation. The increase of crimes and violence among the kids in and outside of school is just an example of the many different types of violence.

In a conversation with my mother, I asked how her childhood was and how was it different from now? Her response was not surprising, in her times there was no violence. She was able to freely go play outside knowing that she was safe. Every afternoon the kids from her block will gather and tell stories, go to the movies, parks, malls, and just enjoy each other's company. But all of that has change dramatically, my generation cannot enjoy that kind of freedom. In a neighborhood where the streets are control by violence and the many gangs that dominate different streets it is impossible for my parents to allow me to go out and hang out with friends outside.

The restrictions caused by the violence has pushed my generation to find entertainment through technology and the different types of media. But, sad to say some individuals don't find violence on the street but in their own homes. Violence at home is more dramatic and have major effects. Children are not born Violence but rather adopt the violent abusive attitude as a necessity to survive or fit in with the crowd. Funny as it sounds technology and media also caused and increase on violence. The choice of movies, television, and video games that displayed violence, fights, revenge influence the way our generation acts. Our traits are developed on what we see and what we are exposed to. Individuals express their feelings like depression, stress, anger, anxiety with a violent attitude towards others. A combination of the factors mention above can caused individuals to out of frustration without thinking things twice.

Also the lack of guidance and supervision also contributes to the violence. Without adult supervision and positive role models, students fail to distinguish right from wrong. They don't know to resolve conflicts with a peaceful behavior. Overall, it is very difficult to change how things are now but not impossible. One action at a time can change the direction of an individual, if we only took a moment to realize what truly is important.

Lastly I believe that this generation needs to change in a more affective and positive way. People shouldn't be with a mindset of what will happen when there outside. It should all be different know it's not a change that can happen overnight but If we all set our minds and work through our struggles not fighting rather than helping each other can lower the percentage of youth violence. The impact that social relationship has on society is real, performing and

promoting positive and good behavior can in fact inspire others to act the same. Its like a dominal affect.