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## How Can Violence Affect You?

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The first question we should ask ourselves is, what is violence? To me violence means behavior involving physical force intended to hurt, damage, or kill someone or something. The first question to point out is, is how has violence affected your life? Violence never affect my life but here are some examples of how violence affects other peoples lives. There are numerous reasons such as videos games and violent T.V. shows. When young kids play violent video games such as the most popular game called Call of Duty, they grow up and they start doing the same things that they do on the video game. What I mean by that is if they start playing the video game Call of Duty, for an example, they might grow up to be a killer. When you grow up to become a teenager, they become bad, and they don't make good decisions. They either start to smoke, drink, or commit suicide. When teenagers commit suicide, family is the most commonly cited cause. Death, alcoholism, drug abuse, child abuse all add to loneliness and depression.

There are many causes of youth violence. Some examples are poverty, depression, living around people who can be/are violent, video games, T.V. shows, and bullying. If you are living around people who can be violent, you feel very uncomfortable or they might send a bad example and you might take it in the future. If you see bullying happening at home or in school, you might start to become a bully. Being poor can make people feel bad and other kids might start bullying them for what they have. Violent T.V. shows are an example of the cause of youth violence. If parents or your guardian doesn't let you do any of those things like watch violent videogames or watch violent T.V. shows then there won't be any violence caused in your life.

There are many reasons what you can do as a student to do about youth violence and how you can make a difference for yourselves. Make sure that online you don't do any crazy things online because the more you do online, the more you are involved in the bullying problem. Once you post something that might hurt someone on the internet, you can't delete it or edit it because you have no idea who might have saw your post and what you wrote. Getting involved in sports is important if you want to get your mind off of things. If you participate in soccer, basketball, or track after school, it will get your mind off of things so you can have

fun and don't think about bad thoughts.

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Recently, there was a terrible accident in Boston called the Boston Marathon Bombing that occurred on April. It injured/killed more than one hundred people. It was a horrible thing and I think that the person who did the bombing got influenced from T.V. shows, videogames, and the others. It was very violent and we should try to make these things that are so violent stop because it can affect the whole world.