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The Campus Kitchen at UMass Boston

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The Campus Kitchen at UMass Boston

Office of Student Leadership and Community Engagement, Walter Denney Youth Center, Housing Opportunities Unlimited, St. Peter's Teen Center, John Winthrop Elementary, Project ALERTA, Camp Shriver, Massachusetts Law Reform Institute, Inc., Sodexo

Summary/Abstract

The Campus Kitchen at the University of Massachusetts Boston (CKUMB) is a part of The Campus Kitchens Project. (CKP), a national network of student volunteers, works to rescue excess food to create meals for those in need. CKUMB opened in 2010 to provide meals for the Dorchester community.

By taking the initiative to run a community kitchen, students develop entrepreneurial and leadership skills, along with a commitment to serve their community, that they will carry with them into future careers.



THE CAMPUS KITCHENS PROJECT™

Objectives

CKUMB uses food as a tool to promote **poverty solutions**, implement **garden initiatives**, participate in **nutrition education**, and convene **food policy** events.

2013 brings a focus on **holistic health** for all ages: from **wellness workshops** and **SNAP outreach** for Seniors to **cooking classes** for youth.

teach. reach. feed. lead.

Approaches

CKUMB Client Partnerships

Walter Denney Youth Center
weekly meals

Saint Peter's Teen Center
weekly meals

John Winthrop Elementary After School Program
nutrition education, cooking classes

Senior Housing at Harbor Point
weekly meals, wellness workshops, SNAP application assistance

Project ALERTA and Camp Shriver
summer meals to students who normally receive free/reduced lunch during school year

CKUMB Community Partnerships

Food donations provided by:

- Sodexo at UMass Boston
- Sodexo at the Federal Reserve Bank of Boston
- Haley House
- Food for Free

Guidance and support for SNAP assistance provided by:

- Massachusetts Law Reform Institute
- Food SNAP Coalition



Impact

CKUMB Accomplishments since 2010

pounds of food recovered: 19,779

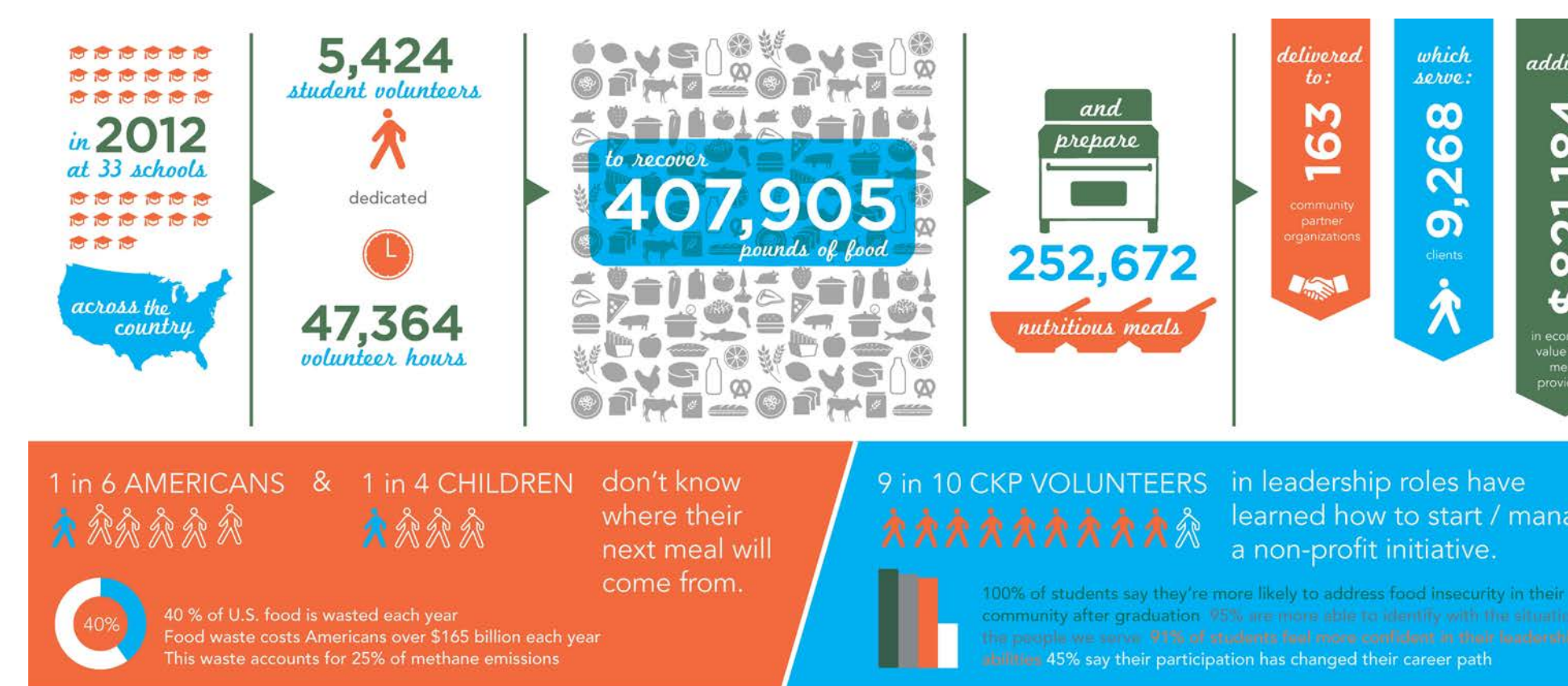
pounds of fresh food recovered: 6,417

meals served: 18,299

volunteer hours utilized: 2,027

new volunteers recruited: 251

CKP Across the Country in 2012



www.campuskitchens.org

Partnership Spotlight

CKUMB's work with Seniors in Harbor Point, thanks to generous support from AARP, has helped open doors to better health, wellness, and social life for its Senior clients.

CKUMB's Senior programming has resulted in:

97% of clients with *increased knowledge and understanding of various health topics*

100% of clients with *increased ability to maintain health and wellness*

94% of clients who *feel less isolated*

Next Steps

In 2013, thanks to generous support from Burger King and Sodexo as well as continued support from UMass Boston and community partners, CKUMB will expand its reach within the Dorchester and campus communities and will provide more opportunities for student-powered food justice action.

But we can't do it alone! **Join us** as a Leadership Team member, a volunteer, or a valuable community partner.

Contact



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VOLUNTEER:

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