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Breaking the Cycle of Violence

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### Do The Write Thing Essay, 2014

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## Youth Violence Effecting Our Future

Youth violence effected my life by putting me in depressions and rages. I sometimes just want to want to punch or shout back, but I am able to control myself for having a peaceful mind. I got influenced by TV and video games to be fine with violence. Clearly, violence is never good, especially youth violence. One cause of youth violence is depression. When kids feel depressed they think bullying might help, but it doesn't. Another cause is poverty. Kids sometimes feel jealous since their friends might have cell phones or a new video game and they just want to own these things but can't because they don't have the money. Another cause is they are not good at sports. Kids can see their friends playing basketball or soccer and they want to play but everyone doesn't want him or her on the team because they are horrible at the sport. Also, youth violence is caused by social media or the Internet. Children might watch a violent TV show or video and they might just want to copy it. Some play a mature video game like Call of Duty and they can copy that too. When kids watch or play too many violent things they will be used to it and might be a bully and copy the screen. Anything on the computer or TV is to be made sure that mature content is to be not viewed by children. The last cause I will talk about is not feeling safe. Kids can see bullying or hear about it or someone who killed someone and they fell not safe. Kids will actually get a weapon to defend themselves. You should never bring or carry a weapon. Schools should make sure an adult is around so that if any kids get into a fight or bully each other a teacher will be able to stop it. I believe that I can make a difference. I can start by thinking about what I say online. Anything posted on the Internet will be viewed by thousands of people in seconds. Even if I delete it afterwards it is still seen by others and they might have shared it and will be spread around the world. I should make sure that when I post something that it is not something that would hurt others or me. I can also stop bullying. I must do something in a bullying situation and not nothing. I can just simply walk away so the bully gets no audience. Bullies always want audience. I can bring the bully or the victim out of the situation. I can also get a trusted adult. I can also encourage others to help stop the bullying situation. If I was going to punch someone or do something not right, I should think about the advantages and the consequences. Drugs is an example. Everyone knows drugs are bad, but some still take drugs anyway. I have to think about having a few minutes of satisfaction or a great future or life. When people take drugs their life ruined and they have a horrible future. When people avoid drugs they have a bright future and experience life. Together you, me, and everyone else can change the world.